

The “Disaster Dozen” Top Twelve Myths of Disaster Preparedness

by Paul Purcell

Hurricane Katrina and other disasters have given us a series of emergency preparedness wake-up calls. Do we pay attention now or hit the snooze button again?

Let's “wake up” and look at the most important part of a comprehensive emergency readiness plan, which is the preparedness levels of individuals and families.

We find that the biggest obstacles to comprehensive family emergency readiness education are the misconceptions surrounding the true nature of preparedness. So, to set the stage for better education, and ultimately better public safety, let's take a look at some of these myths.

1. “If something happens all I have to do is call 911.”

Help can only go so far, or be there so quickly. Security, like charity, begins at home and the responsibility for your family's safety rests on your shoulders. This isn't to say that you shouldn't call for help when it's truly needed, it's to remind you that you may be on your own for while, especially if the situation is an expansive, or severe one.

2. “All I need is a 72-hour kit with a flashlight, first aid kit, some food and water, and a radio.”

We're not sure where the “72 hour” figure came from, but it's an extremely minimal amount of time and not very realistic. A more practical goal is to be self-sufficient for a minimum of 2 weeks (preferably 4 weeks). Why 2 weeks? As bad as Katrina was, there are numerous disaster and terrorism scenarios that could see substantially more damage, and a disruption of local services for three weeks or more. Also, many biological scenarios may see a 2-week quarantine. Regarding supplies and equipment, avoid the “one-size-fits-all simpleton lists” and customize yours to your family's unique threats, needs, and assets.

3. “My insurance policy will take care of everything.”

SWAT teams of insurance agents aren't going to instantly rebuild your life like on TV. Insurance companies will be far more concerned about their own bottom line than yours. In fact, many insurance companies are rewriting policies to redefine some rather common terrorism or disaster related incidents as being excluded and not coverable. Check your policies closely!

4. “Good preparedness is too expensive and too complicated.”

Nothing could be further from the truth. The problem is, we haven't made preparedness a part of our overall education. We get more preparedness info on an airline flight than we get as citizens. Most of us aren't taught that there are literally thousands of subtle, simple, and economical things we can do to drastically improve our emergency readiness. The notion that it might be expensive or complicated has come from companies that aggressively market high-priced unnecessary gear.

5. “We can only form a neighborhood group through FEMA, the Red Cross, or local Law Enforcement.”

Neighbor helping neighbor is one of our highest civic duties. No one regulates this and you don't have to get anyone's permission to coordinate your safety with others. Working with these groups is rather advantageous, but not required.

6. “In a ‘Weapons of Mass Destruction’ terrorist attack, we're all dead anyway.”

“WMDs” might kill larger numbers of people, but that doesn't mean widespread destruction is a guaranteed thing. In fact, for widespread destruction, a top-grade WMD must be expertly and precisely applied under ideal conditions. This does not mean that WMDs are to be ignored or that they're nothing to fear, it's just that “Mass Destruction” does NOT mean “Total Destruction” at all.

7. “Nothing like that could ever happen here.”

Though some areas are more prone to certain types of disasters, say earthquakes in California, or terror attacks in New York, no area on earth is completely immune. Too, with as much as people travel, you might travel somewhere and wind up in a disaster you never thought about.

8. “All I have to worry about is my own family.”

Technically yes, but the more you’re able to care for your own family, the more you can and should help others.

9. “If preparedness were really important it would be taught in school.”

Preparedness really is that important, but schools only have so much time and budget to teach the things they already do. This is one of the many things we’re trying to change, but for now, you’re going to have to not only realize the importance of thorough emergency readiness, but to teach your family yourself.

10. “I can get free preparedness information on the Internet.”

Many free sources contain really good information. However, many of them are nothing more than a rehash of “72-hour kit” ideas, and contain nothing new or comprehensive. Also, it takes time and experience to filter the trash from the treasure. Worse, some of these free sites have “information” that could actually cause more problems than they cure. Start with www.ready.gov, but don’t stop there. Continue your education as best you can.

11. “Full preparedness means I have to get a lot of guns and be a ‘Survivalist.’”

While personal security and family safety are valid concerns, the vast majority of people around you will not be a threat. In fact, though looters gained a lot of media attention after Katrina, there were far more numerous stories of heroism and of people making new friends through shared adversity. We suggest you balance your personal security needs with your desire to help those around you and strive to reach the best of both worlds.

12. “If something really bad happens, NO one will help.”

There’s no such thing as “no one helping.” However, the best thing people can do to is prepare their families so they need as little outside help as possible. There’s always someone needier than you and the more prepared you are, the more you free up assistance resources so they can help those less fortunate.

Copyright 2005 / 2011, Paul Purcell. About the author: Paul Purcell is an Atlanta-based security analyst and preparedness consultant with over twenty years risk management and preparedness experience. He’s also the author of **Disaster Prep 101** found at www.disasterprep101.com.

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